

## Meet Results

**Landstown v First Colonial 13-Jan-17 SC Meters**  
**Landstown High School [LTWN]**

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 1 Men 200 Medley Relay</b>					
1:53.27S	F	A Relay		1	10
		Landstown High School			
		Lorenzo Flores (JR)			
		Matt Curran (SR)			
		Alexander Neff (FR)			
		Harrison Robertson (SR)			
		26.91			
		58.29			
		1:25.10			
		1:53.27			
		(26.91)			
		(31.38)			
		(26.81)			
		(28.17)			
2:05.85S	F	B Relay		2	5
		Landstown High School			
		Nic Patzig (SO)			
		Stephen Hauser (JR)			
		Ryan Koprowski (SO)			
		Joshua Del Rosario (SR)			
		30.71			
		1:06.00			
		1:35.71			
		2:05.85			
		(30.71)			
		(35.29)			
		(29.71)			
		(30.14)			
2:32.36S	F	C Relay		6	---
		Landstown High School			
		Jared Ragan (JR)			
		Liam O'Brien (JR)			
		Aditya Dharni (SO)			
		Alec Jackson (JR)			
		34.61			
		1:20.35			
		1:59.93			
		2:32.36			
		(34.61)			
		(45.74)			
		(39.58)			
		(32.43)			
2:30.47S	F DQ	D Relay		---	---
		Landstown High School			
		Will Irvine (SO)			
		Efstratios Zouros (FR)			
		Jose Martinez (SR)			
		Nicolas Noto (FR)			
		37.76			
		1:22.45			
		1:58.51			
		2:30.47			
		(37.76)			
		(44.69)			
		(36.06)			
		(31.96)			
<b>Event # 1 Men 200 Medley Relay - Lead-Off Legs ( 50 Back )</b>					
26.91S	F	Flores, Lorenzo	---	---	-2.91
30.71S	F	Patzig, Nic	---	---	-2.99
34.61S	F	Ragan, Jared	---	---	---
37.76S	F	Irvine, Will	---	---	-2.11
<b>Event # 2 Women 200 Medley Relay</b>					
2:15.66S	F	A Relay		3	3
		Landstown High School			
		Ashley Kaminski (JR)			
		Dannielle Salcedo (SO)			
		Celine Hizon (JR)			
		Caroline Knapp (SR)			
		31.73			
		1:13.18			
		1:43.76			
		2:15.66			
		(31.73)			
		(41.45)			
		(30.58)			
		(31.90)			
2:32.58S	F	B Relay		4	---
		Landstown High School			
		Sarah Matyas (SO)			
		Journey Yost (SO)			
		Courtney Edwards (SO)			
		Shafiqa Sawyer (SO)			
		40.21			
		1:23.78			
		1:58.76			
		2:32.58			
		(40.21)			
		(43.57)			
		(34.98)			
		(33.82)			
3:00.32S	F	C Relay		7	---
		Landstown High School			
		Logan Byrd (FR)			
		Sharon Camposeco (FR)			
		Abby Wilfong (SO)			
		Kamren Shaw (FR)			
		46.26			
		1:37.00			
		2:21.66			
		3:00.32			
		(46.26)			
		(50.74)			
		(44.66)			
		(38.66)			
3:15.05S	F DQ	D Relay		---	---
		Landstown High School			
		Kayla Ellison (JR)			
		Briauna Rushin (FR)			
		Randi Trenchard (JR)			
		Holly Leonard (JR)			
		47.12			
		1:43.71			
		2:25.28			
		3:15.05			
		(47.12)			
		(56.59)			
		(41.57)			
		(49.77)			
<b>Event # 2 Women 200 Medley Relay - Lead-Off Legs ( 50 Back )</b>					
31.73S	F	Kaminski, Ashley	---	---	0.12
40.21S	F	Matyas, Sarah	---	---	-1.95
46.26S	F	Byrd, Logan	---	---	0.92
47.12S	F	Ellison, Kayla	---	---	-0.17

**Meet Results**

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Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 3 Men 200 Free</b>					
2:11.10S		F Zank, Andrew	2	6	5.00
	29.72	1:02.86 1:36.83 2:11.10			
	(29.72)	(33.14) (33.97) (34.27)			
2:16.89S		F Flores, Lorenzo	3	5	1.50
	30.54	1:04.89 1:41.51 2:16.89			
	(30.54)	(34.35) (36.62) (35.38)			
2:31.27S		F Brush, Jacob	4	4	4.87
	34.85	1:13.27 1:53.50 2:31.27			
	(34.85)	(38.42) (40.23) (37.77)			
2:34.76S		F Zimmerman, Brice	5	3	---
	33.51	1:11.38 1:52.26 2:34.76			
	(33.51)	(37.87) (40.88) (42.50)			
<b>Event # 4 Women 200 Free</b>					
2:11.43S		F Kaminski, Ashley	1	8	-5.05
	31.96	1:04.99 1:39.28 2:11.43			
	(31.96)	(33.03) (34.29) (32.15)			
3:01.52S		F Thompson, Hannah	6	2	10.86
	40.13	1:26.37 2:14.65 3:01.52			
	(40.13)	(46.24) (48.28) (46.87)			
3:05.31S		F Rockefeller, Alex	7	1	-0.73
	40.60	1:28.84 2:19.51 3:05.31			
	(40.60)	(48.24) (50.67) (45.80)			
3:13.16S		F Snipes, Sarah	8	---	4.24
	41.72	1:30.40 2:22.27 3:13.16			
	(41.72)	(48.68) (51.87) (50.89)			
<b>Event # 5 Men 200 IM</b>					
2:33.71S		F Koprowski, Ryan	1	8	-0.82
	32.56	1:15.30 2:00.77 2:33.71			
	(32.56)	(42.74) (45.47) (32.94)			
2:38.46S		F Rancour, Ben	3	5	-1.03
	34.02	1:17.44 2:02.74 2:38.46			
	(34.02)	(43.42) (45.30) (35.72)			
2:56.60S		F Patzig, Nic	4	4	3.57
	38.30	1:22.67 2:17.93 2:56.60			
	(38.30)	(44.37) (55.26) (38.67)			
3:00.31S		F O'Brien, Liam	5	3	-2.35
	39.67	1:22.48 2:19.02 3:00.31			
	(39.67)	(42.81) (56.54) (41.29)			

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<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 6 Women 200 IM</b>					
3:04.57S		F Yost, Journey	3	5	-1.50
	40.95	1:28.31 2:21.09 3:04.57			
	(40.95)	(47.36) (52.78) (43.48)			
3:14.66S		F Weissman, Macayla	4	4	---
	40.61	1:30.76 2:31.89 3:14.66			
	(40.61)	(50.15) (1:01.13) (42.77)			
3:20.38S		F Matyas, Sarah	6	2	-2.26
	43.34	1:34.16 2:35.07 3:20.38			
	(43.34)	(50.82) (1:00.91) (45.31)			
3:36.33S		F Wilfong, Abby	7	1	-5.37
	47.06	1:51.59 2:47.96 3:36.33			
	(47.06)	(1:04.53) (56.37) (48.37)			
<b>Event # 7 Men 50 Free</b>					
25.92S		F Robertson, Harrison	1	8	0.20
26.91S		F Dresden, Tyler	2	6	0.04
28.06S		F Del Rosario, Joshua	4	4	1.01
29.44S		F Ragan, Jared	7	1	-0.38
<b>Event # 8 Women 50 Free</b>					
32.59S		F Edwards, Courtney	4	4	0.17
33.28S		F Knapp, Caroline	6	2	-0.73
33.99S		F Sawyer, Shafiq	7	1	0.45
35.77S		F Camposeco, Sharon	8	---	-1.88
<b>Event # 9 Men 1 Meter 6 Dives</b>					
120.10		F Flynn, Indigo	4	4	9.35
73.10		F Segreto Ramirez, Francisco	5	3	-12.75
70.25		F Ho, Will	6	2	-9.70
<b>Event # 11 Men 100 Fly</b>					
59.74S		F Neff, Alexander	2	6	-0.01
	27.49	59.74			
	(27.49)	(32.25)			
1:13.48S		F Rancour, Ben	3	5	1.59
	34.72	1:13.48			
	(34.72)	(38.76)			
1:26.36S		F Wheeler, Sheldon	5	3	-0.22
	36.10	1:26.36			
	(36.10)	(50.26)			
1:28.16S		F Martinez, Jose	6	2	-1.10
	41.69	1:28.16			
	(41.69)	(46.47)			

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<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 12 Women 100 Fly</b>					
1:16.18S		F Hizon, Celine	4	4	0.19
	34.94	1:16.18			
	(34.94)	(41.24)			
1:29.74S		F Edwards, Courtney	5	3	-3.71
	42.83	1:29.74			
	(42.83)	(46.91)			
1:30.12S		F Salcedo, Dannielle	6	2	3.21
	41.09	1:30.12			
	(41.09)	(49.03)			
1:52.60S		F Ellison, Kayla	8	---	---
	51.30	1:52.60			
	(51.30)	(1:01.30)			
<b>Event # 13 Men 100 Free</b>					
1:00.94S		F Dresden, Tyler	2	6	-1.18
	29.47	1:00.94			
	(29.47)	(31.47)			
1:03.30S		F Del Rosario, Joshua	4	4	3.61
	30.50	1:03.30			
	(30.50)	(32.80)			
1:08.70S		F Noto, Nicolas	5	3	2.47
	32.76	1:08.70			
	(32.76)	(35.94)			
1:09.71S		F Jackson, Alec	6	2	-0.72
	33.86	1:09.71			
	(33.86)	(35.85)			
<b>Event # 14 Women 100 Free</b>					
1:02.98S		F Kaminski, Ashley	2	6	1.96
	30.56	1:02.98			
	(30.56)	(32.42)			
1:15.59S		F Sawyer, Shafiq	6	2	0.46
	36.30	1:15.59			
	(36.30)	(39.29)			
1:19.45S		F Knapp, Caroline	7	1	-1.30
	35.96	1:19.45			
	(35.96)	(43.49)			
1:29.49S		F Byrd, Logan	8	---	2.79
	42.45	1:29.49			
	(42.45)	(47.04)			

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Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 15 Men 400 Free</b>					
4:41.84S		F Zank, Andrew	1	8	17.07
	31.73	1:07.52 1:44.50 2:20.83			
	(31.73)	(35.79) (36.98) (36.33)			
	2:56.99	3:33.35 4:07.75 4:41.84			
	(36.16)	(36.36) (34.40) (34.09)			
4:42.38S		F Koprowski, Ryan	2	6	---
	31.81	1:07.37 1:44.05 2:20.82			
	(31.81)	(35.56) (36.68) (36.77)			
	2:57.28	3:33.09 4:09.12 4:42.38			
	(36.46)	(35.81) (36.03) (33.26)			
5:37.87S		F Zimmerman, Brice	4	4	-12.27
	35.23	1:15.84 1:59.12 2:43.45			
	(35.23)	(40.61) (43.28) (44.33)			
	3:27.91	4:11.79 4:56.33 5:37.87			
	(44.46)	(43.88) (44.54) (41.54)			
5:42.83S		F Brush, Jacob	5	3	31.75
	39.05	1:22.99 2:08.44 2:53.74			
	(39.05)	(43.94) (45.45) (45.30)			
	3:38.75	4:23.74 5:06.93 5:42.83			
	(45.01)	(44.99) (43.19) (35.90)			
<b>Event # 16 Women 400 Free</b>					
6:04.49S		F Weissman, Macayla	3	5	10.45
	37.25	1:20.30 2:06.48 2:53.78			
	(37.25)	(43.05) (46.18) (47.30)			
	3:41.33	4:29.40 5:17.54 6:04.49			
	(47.55)	(48.07) (48.14) (46.95)			
6:26.79S		F Thompson, Hannah	6	2	23.44
	41.32	1:29.74 2:19.35 3:09.18			
	(41.32)	(48.42) (49.61) (49.83)			
	3:59.50	4:49.72 5:39.35 6:26.79			
	(50.32)	(50.22) (49.63) (47.44)			
6:40.27S		F Rockefeller, Alex	7	1	-2.19
	43.58	1:34.86 2:28.07 3:20.15			
	(43.58)	(51.28) (53.21) (52.08)			
	4:11.77	5:03.95 5:55.30 6:40.27			
	(51.62)	(52.18) (51.35) (44.97)			
6:54.18S		F Snipes, Sarah	8	---	-22.30
	43.44	1:33.93 2:28.08 3:22.30			
	(43.44)	(50.49) (54.15) (54.22)			
	4:17.10	5:10.74 6:04.03 6:54.18			
	(54.80)	(53.64) (53.29) (50.15)			

**Meet Results**

**Landstown v First Colonial 13-Jan-17 SC Meters  
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Time	F/P/S	Relay	Place	Points	Improv	
<b>Event # 17 Men 200 Free Relay</b>						
1:42.10S	F	A Relay	Landstown High School	1	10	
			Matt Curran (SR)			
			Harrison Robertson (SR)		Alexander Neff (FR)	
			Andrew Zank (SR)			
			25.46	50.41	1:16.91	1:42.10
			(25.46)	(24.95)	(26.50)	(25.19)
1:56.11S	F	B Relay	Landstown High School	3	3	
			Stephen Hauser (JR)			
			Jared Ragan (JR)		Tyler Dresden (SR)	
			Ben Rancour (JR)			
			30.01	59.66	1:28.49	1:56.11
			(30.01)	(29.65)	(28.83)	(27.62)
2:07.55S	F	C Relay	Landstown High School	5	---	
			Jose Martinez (SR)			
			Liam O'Brien (JR)		Alec Jackson (JR)	
			Nic Patzig (SO)			
			28.82	59.45	1:33.94	2:07.55
			(28.82)	(30.63)	(34.49)	(33.61)
2:14.92S	F	D Relay	Landstown High School	7	---	
			Aditya Dharni (SO)			
			Efstratios Zouros (FR)		Jack Roestenberg (FR)	
			Sheldon Wheeler (JR)			
			33.44	1:10.80	1:39.94	2:14.92
			(33.44)	(37.36)	(29.14)	(34.98)
<b>Event # 17 Men 200 Free Relay - Lead-Off Legs ( 50 Free )</b>						
25.46S	F	Zank, Andrew	---	---	-3.80	
28.82S	F	Patzig, Nic	---	---	0.68	
30.01S	F	Rancour, Ben	---	---	-0.21	
33.44S	F	Wheeler, Sheldon	---	---	---	
<b>Event # 18 Women 200 Free Relay</b>						
2:09.10S	F	A Relay	Landstown High School	2	5	
			Dannielle Salcedo (SO)			
			Celine Hizon (JR)		Caroline Knapp (SR)	
			Ashley Kaminski (JR)			
			29.30	1:03.73	1:34.83	2:09.10
			(29.30)	(34.43)	(31.10)	(34.27)
2:26.63S	F	B Relay	Landstown High School	6	---	
			Randi Trenchard (JR)			
			Kamren Shaw (FR)		Sharon Camposeco (FR)	
			Abby Wilfong (SO)			
			37.75	1:12.17	1:50.44	2:26.63
			(37.75)	(34.42)	(38.27)	(36.19)
2:54.45S	F	C Relay	Landstown High School	7	---	
			Briauna Rushin (FR)			
			Gabriella Balmaceda (JR)		Nicole Sales (JR)	
			Holly Leonard (JR)			
			50.51	1:37.59	2:19.46	2:54.45
			(50.51)	(47.08)	(41.87)	(34.99)
<b>Event # 18 Women 200 Free Relay - Lead-Off Legs ( 50 Free )</b>						
29.30S	F	Kaminski, Ashley	---	---	1.56	
37.75S	F	Wilfong, Abby	---	---	0.69	
50.51S	F	Leonard, Holly	---	---	0.65	

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<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 19 Men 100 Back</b>					
1:04.04S		F Neff, Alexander	1	8	---
	31.83	1:04.04			
	(31.83)	(32.21)			
1:05.75S		F Flores, Lorenzo	2	6	0.66
	31.71	1:05.75			
	(31.71)	(34.04)			
1:06.22S		F Robertson, Harrison	3	5	-5.19
	32.00	1:06.22			
	(32.00)	(34.22)			
1:24.76S		F Noto, Nicolas	7	1	1.45
	40.89	1:24.76			
	(40.89)	(43.87)			
<b>Event # 20 Women 100 Back</b>					
1:22.84S		F Yost, Journey	2	6	---
	40.51	1:22.84			
	(40.51)	(42.33)			
1:28.28S		F Matyas, Sarah	4	4	0.78
	43.77	1:28.28			
	(43.77)	(44.51)			
1:43.10S		F Byrd, Logan	7	1	2.27
	---	1:43.10			
	---	(1:43.10)			
1:44.71S		F Ellison, Kayla	8	---	-3.43
	50.32	1:44.71			
	(50.32)	(54.39)			
<b>Event # 21 Men 100 Breast</b>					
1:12.21S		F Curran, Matt	1	8	0.14
	34.72	1:12.21			
	(34.72)	(37.49)			
1:22.47S		F Hauser, Stephen	3	5	3.14
	38.27	1:22.47			
	(38.27)	(44.20)			
1:29.43S		F Wheeler, Sheldon	4	4	---
	40.28	1:29.43			
	(40.28)	(49.15)			
1:33.88S		F Patzig, Nic	6	2	3.94
	45.06	1:33.88			
	(45.06)	(48.82)			

**Meet Results**

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Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 22 Women 100 Breast</b>					
1:30.90S		F Salcedo, Dannielle	3	5	3.06
	42.94	1:30.90			
	(42.94)	(47.96)			
1:31.09S		F Hizon, Celine	4	4	1.85
	42.26	1:31.09			
	(42.26)	(48.83)			
1:41.71S		F Trenchard, Randi	7	1	---
	48.64	1:41.71			
	(48.64)	(53.07)			
1:47.74S		F Wilfong, Abby	8	---	0.32
	51.84	1:47.74			
	(51.84)	(55.90)			
<b>Event # 23 Men 400 Free Relay</b>					
4:06.18S	F	A Relay	Landstown High School	2	5
	Andrew Zank (SR)		Tyler Dresden (SR)	Ryan Koprowski (SO)	Joshua Del Rosario (SR)
	30.66	1:02.88	1:32.22	2:05.03	
	(30.66)	(1:02.88)	(29.34)	(1:02.15)	
	2:34.87	3:07.17	3:35.22	4:06.18	
	(29.84)	(1:02.14)	(28.05)	(59.01)	
4:26.64S	F	B Relay	Landstown High School	3	3
	Ben Rancour (JR)		Jared Ragan (JR)	Nicolas Noto (FR)	Lorenzo Flores (JR)
	33.81	1:09.52	1:40.16	2:16.29	
	(33.81)	(1:09.52)	(30.64)	(1:06.77)	
	2:48.60	3:24.54	3:54.05	4:26.64	
	(32.31)	(1:08.25)	(29.51)	(1:02.10)	
4:41.73S	F	C Relay	Landstown High School	4	---
	Brice Zimmerman (FR)		Alec Jackson (JR)	Liam O'Brien (JR)	Jacob Brush (SO)
	32.02	1:07.93	1:42.05	2:22.22	
	(32.02)	(1:07.93)	(34.12)	(1:14.29)	
	2:53.80	3:33.05	4:06.13	4:41.73	
	(31.58)	(1:10.83)	(33.08)	(1:08.68)	
5:19.65S	F	D Relay	Landstown High School	8	---
	Will Irvine (SO)		Efstratios Zouros (FR)	Jack Roestenberg (FR)	Jose Martinez (SR)
	38.85	1:21.47	1:58.77	2:43.14	
	(38.85)	(1:21.47)	(37.30)	(1:21.67)	
	3:21.38	4:06.68	4:41.35	5:19.65	
	(38.24)	(1:23.54)	(34.67)	(1:12.97)	



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Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 23 Men 400 Free Relay - Lead-Off Legs ( 100 Free )</b>					
1:02.88S	F	Zank, Andrew	---	---	5.25
		30.66 (30.66)			
1:07.93S	F	Zimmerman, Brice	---	---	-0.89
		32.02 (32.02)			
1:09.52S	F	Rancour, Ben	---	---	3.85
		33.81 (33.81)			
1:21.47S	F	Irvine, Will	---	---	-1.53
		38.85 (38.85)			
<b>Event # 24 Women 400 Free Relay</b>					
5:10.43S	F	A Relay	Landstown High School	3	3
		Journey Yost (SO)	Shafiqa Sawyer (SO)	Courtney Edwards (SO)	Hannah Thompson (SR)
		37.52	1:18.57	1:37.77	2:34.39
		(37.52)	(1:18.57)	(19.20)	(1:15.82)
		3:11.77	3:51.62	4:28.60	5:10.43
		(37.38)	(1:17.23)	(36.98)	(1:18.81)
5:33.48S	F	B Relay	Landstown High School	5	---
		Sarah Snipes (SR)	Sarah Matyas (SO)	Alex Rockefeller (SO)	Macayla Weissman (SO)
		39.39	1:25.14	2:04.36	2:47.91
		(39.39)	(1:25.14)	(39.22)	(1:22.77)
		3:27.85	4:13.37	4:36.75	5:33.48
		(39.94)	(1:25.46)	(23.38)	(1:20.11)
5:59.72S	F	C Relay	Landstown High School	7	---
		Sharon Camposeco (FR)	Kayla Ellison (JR)	Kamren Shaw (FR)	Logan Byrd (FR)
		41.66	1:28.50	2:11.93	2:57.21
		(41.66)	(1:28.50)	(43.43)	(1:28.71)
		3:39.94	4:27.26	5:13.56	5:59.72
		(42.73)	(1:30.05)	(46.30)	(1:32.46)
6:57.06S	F	D Relay	Landstown High School	8	---
		Nicole Sales (JR)	Briauna Rushin (FR)	Holly Leonard (JR)	Gabriella Balmaceda (JR)
		42.88	1:32.84	2:27.37	3:30.32
		(42.88)	(1:32.84)	(54.53)	(1:57.48)
		4:22.44	5:26.34	6:07.41	6:57.06
		(52.12)	(1:56.02)	(41.07)	(1:30.72)

**Meet Results**

**Landstown v First Colonial 13-Jan-17 SC Meters  
Landstown High School [LTWN]**

**Event # 24 Women 400 Free Relay - Lead-Off Legs ( 100 Free )**

1:18.57S		F	Yost, Journey	---	---	3.49
	37.52					
	(37.52)					
1:25.14S		F	Snipes, Sarah	---	---	0.90
	39.39					
	(39.39)					
1:28.50S		F	Camposeco, Sharon	---	---	---
	41.66					
	(41.66)					
1:32.84S		F	Sales, Nicole	---	---	-4.96
	42.88					
	(42.88)					